

# Tobias Brügger

# The Christian Body at Work

Spirituality, Embodiment,  
and Christian Living



# The Christian Body at Work

P V E R  
V A L A  
E R N G  
L A G O



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*For God, who said "Let light shine out of darkness,"  
is the one who shined in our hearts to give us  
the light of the glorious knowledge of God in the face of Christ.  
But we have this treasure in clay jars,  
so that the extraordinary power belongs to  
God and does not come from us.  
We are experiencing trouble on every side,  
but are not crushed; we are perplexed,  
but not driven to despair;  
we are persecuted, but not abandoned;  
we are knocked down, but not destroyed,  
always carrying around in our body the death of Jesus,  
so that the life of Jesus may also be made visible in our body.  
For we who are alive are constantly being handed over to death for Jesus' sake,  
so that the life of Jesus may also be made visible in our mortal body.  
As a result, death is at work in us, but life is at work in you.*

*Second Corinthians 4:6–12*



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